



SMITH COLLEGE.

Dining Services

# SSW Summer Meal Plan: What You Need to Know

## What's Included in the SSW Summer Meal Plan?

**SSW students living on campus**

- 3 meals per day, 7 days a week during the SSW summer program
- Required for all SSW students living on campus

**SSW students commuting**

- Provides lunches only during the summer SSW program
- Four lunches per week, served on Monday, Tuesday, Thursday, Friday
- Required for all commuter students in the SSW program

Meals include a variety of delicious options. Menus are designed by the culinary team to meet a range of dietary needs and food preferences. Lunch and dinner also include a salad bar, fresh fruit, and/or a dessert favorites.

## Who Participates in the SSW Summer Meal Plan?

All students participating in the School for Social Work summer program are required to enroll in the SSW summer meal plan. Two meal plans are available:

- Meal plan for SSW students living on campus. This fee for the meal plan is included in the housing fee.
- Meal plan for SSW students commuting to campus.

## How do I request an SSW Summer Meal Plan Exemption?

**SSW students will be considered for an exemption only if the summer meal plan does not meet the student's need for the following reasons:**

- Medical needs → Contact the ARC
- Dining plan is unable to meet the student's needs due to a non-medical reason → Contact Manager of Nutrition Services

School for Social Work cannot grant exemptions

Exemptions are NOT granted based on financial need

Requests for non-medical reasons cannot be approved if received after May 1.

### **Important Deadline:**

For your bill to be adjusted, requests must be received by ARC / Manager of Nutrition Services no later than **May 1**.

### **After May 1, requests received:**

- must be related to a medical need
- must be processed through ARC



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# SSW Summer Meal Plan: Frequently Asked Questions

## I follow a \_\_\_\_ (vegan / halal / kosher) diet. Will I have anything to eat?

**Vegan diet:** Each meal will include a vegan protein option, as well as a variety of sides. Menu examples:

- Breakfast: Tofu Huevos Rancheros, Beyond Breakfast Sausage Patties with Just Egg Omelette, Tofu Scramble.
- Lunch/Dinner: Vegan Mac & Cheese, Black Bean & Rice Burrito, Spiced Chickpea Panisse, plus protein sides on the Salad Bar.

**Halal or Kosher:** Please contact the Manager of Nutrition Services for more information before the May 1 deadline.

If you do not feel that the options available will meet your needs, please contact the Manager of Nutrition Services as soon as possible to determine if a meal plan exemption or dining accommodation is right for you. Requests for non-medical reasons received after May 1 cannot be considered for an exemption.

## I have a food allergy / celiac. Will the meal plan meet my needs?

**Contact ARC to discuss if a meal plan exemption is appropriate for you.**

- **Food Allergies:** While we make every effort to avoid allergen cross-contact, there is the potential for cross-contact with other allergen-containing food items.
- **Celiac:** Dining Services cannot guarantee avoidance of cross-contact with gluten. If a student has non-celiac gluten sensitivity and can tolerate cross-contact with gluten, a refrigerator is available in the dining room with bread and bagel options that do not contain gluten as an ingredient.

## Can I be exempt from the meal plan for financial reasons?

Meal plan exemptions will **not** be granted based on financial need.

## Questions?

**School for Social Work:** [sswhousing@smith.edu](mailto:sswhousing@smith.edu)

**Accessibility Resource Center:** [arc@smith.edu](mailto:arc@smith.edu)

**Manager of Nutrition Services:** [dietitian@smith.edu](mailto:dietitian@smith.edu)